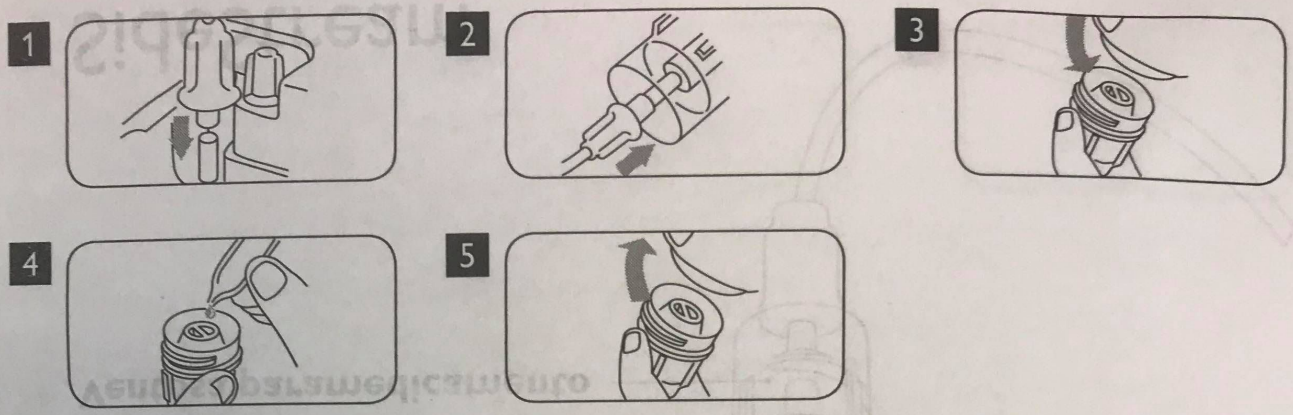
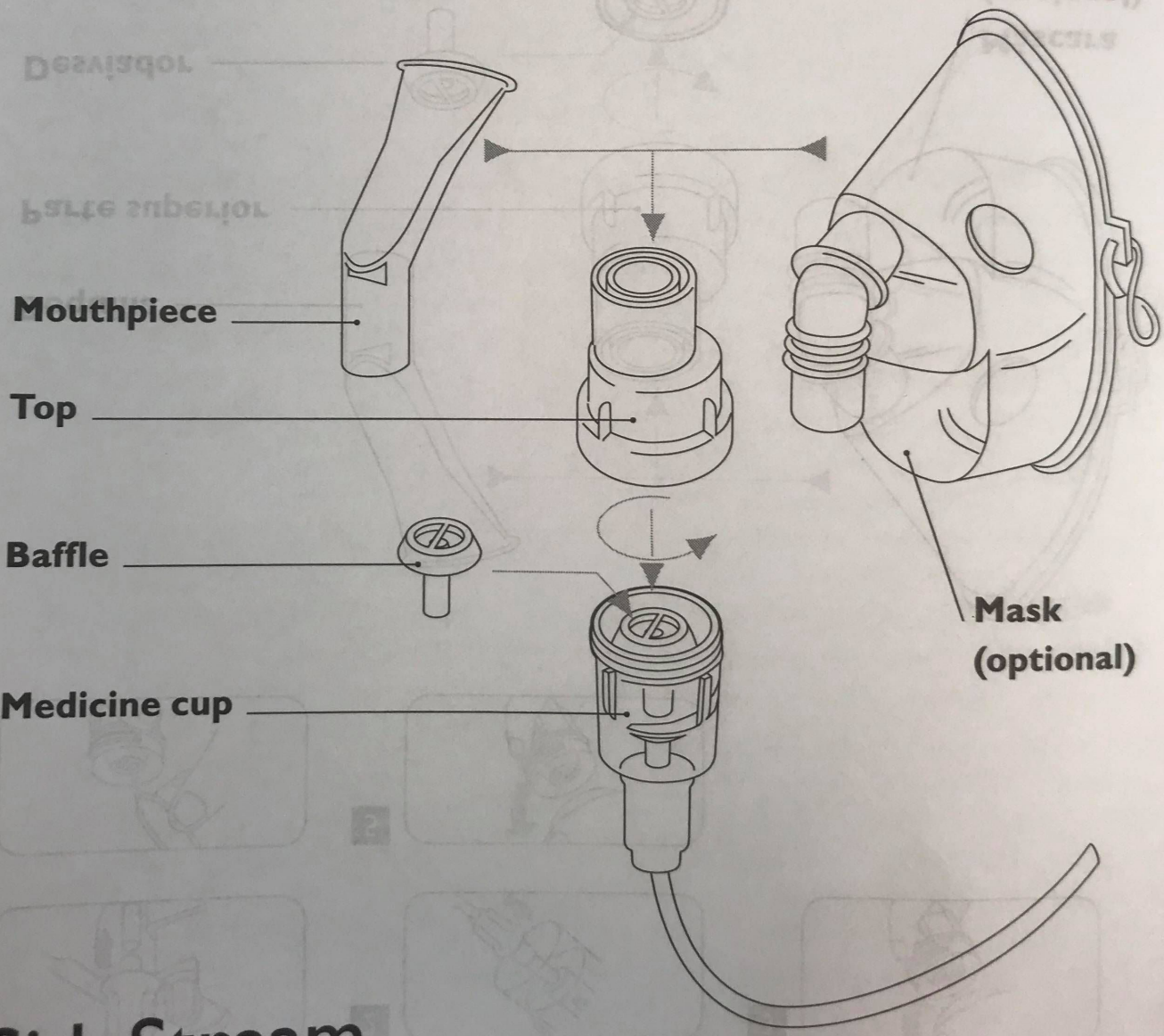
Respshop
better sleep, better life.




# SideStream

Reusable high efficiency nebulizer

## 2 Instructions for use

You should wash your hands before handling medication or the nebulizer.

1. Connect one end of the tubing to the compressor air outlet.
2. Attach the other end of the tubing into the bottom of the medicine cup.
3. Unscrew the top from the medicine cup.
4. Pour your prescribed medication into the medicine cup, 2-10ml fill.
5. Screw the top back onto the medicine cup and connect the mouthpiece/mask. Do not lay the SideStream down on its side, because the medication will spill out.

It is recommended that you replace your SideStream every 6 months. Dispose of according to the local regulations in force.

## 3 Taking a treatment

- To take the treatment, sit in an upright position and relax.
- Switch on the compressor, supply flow to be 6-8l/min.
- Make sure mist is visibly coming from the mouthpiece/mask.
- Take the mouthpiece between your teeth, surround it with your lips and breathe in and out slowly through your mouth or place the mask in position over nose and mouth and breathe slowly in and out through your mouth.

When the SideStream begins to work intermittently and 'sputters', then the treatment is finished. There is no need to nebulize every drop of your medication, there will always be a small amount left in the medicine cup.

# 4 Cleaning

**After every use**

6. Disconnect the SideStream from the tubing. Unscrew the top from the medicine cup, rinse out the nebulizer and refill with clean water. Reassemble top and medicine cup, reconnect the tubing and run SideStream again for a few seconds to flush out any drug trapped in the nebulizer jets.
7. Take apart the nebulizer.
8. Disconnect tubing from the medicine cup.
9. Wash all items (except tubing) in either hot soapy water or contained within a basket on the top rack of your dishwasher.
10. Rinse all parts in clean water for 2 minutes.
11. Shake off excess water and allow to air dry. Do not towel dry.
12. Reassemble and store the SideStream in a clean place when not in use.

**Once a week**

13. Disassemble the nebulizer.
14. Boil the SideStream (except tubing) in water with 2–3 drops of dishwashing liquid for 10 minutes.
15. Rinse all parts in clean water for 2 minutes.
16. Shake off excess water and allow to air dry. Do not towel dry.
17. Reassemble and store SideStream in a clean place when not in use.

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