#### **Patient FAQs**

### Q. What is DreamWear Silicone pillows CPAP mask?

A new nasal pillows mask offering by Philips, the DreamWear Silicone cushion is a nasal pillows cushion made entirely of soft silicone material. Users who tried it find it more comfortable and to have a better fit and seal<sup>3</sup> than their prescribed mask. It is easy to use as it connects to the existing DreamWear frame and DreamWear headgear with arms.

https://www.usa.philips.com/c-e/hs/sleep-apnea-therapy/dare-to-dream/silicone-pillows

#### Q. Will DreamWear Silicone pillows mask replace the DreamWear Gel Pillows mask?

Yes, DreamWear Silicone pillows mask will replace the DreamWear Gel pillows mask. Users who tried the DreamWear Silicone pillows in a recent study prefer it over DreamWear Gel Pillows<sup>3</sup>. They find it more comfortable & say it has a better fit than their DreamWear Gel Pillows mask<sup>3</sup>. To try the DreamWear Silicone pillows mask and to learn more about DreamWear Gel pillows discontinuation timing, please contact your homecare equipment provider.

# Q. I have an existing DreamWear Gel Pillows or DreamWear Under the Nose Nasal mask; can I use DreamWear Silicone pillows replacement cushion on it?

Yes, DreamWear Silicone pillow cushion will connect to your existing DreamWear mask frame. You do not need a new mask to use this cushion unless a full mask replacement is recommended by your homecare equipment provider.

#### Q. What replacement cushion size should I use for DreamWear Silicone pillows?

Based on our vast database of 3D digital facial scans from a wide range of ethnicities and geographies, we have developed a range of 4 different cushion sizes for Silicone pillows. DreamWear Silicone pillows also has a Medium-Wide cushion size in addition to the standard Small, Medium & Large cushions. Please refer to the replacement cushion table below. DreamWear Silicone pillows will come with a sizing gauge built in the quick start guide for easy sizing and it can be found on our website at <a href="https://www.usa.philips.com/c-e/hs/sleep-apnea-therapy/dare-to-dream/silicone-pillows">https://www.usa.philips.com/c-e/hs/sleep-apnea-therapy/dare-to-dream/silicone-pillows</a>. Scroll down to the section called "Finding the right fit is easy".

Current DreamWear Gel Pillows Cushion Size	DreamWear Silicone Pillows Cushion Size to try
Small	Small
Medium	Medium
Large	Large
	Medium-Wide (refer to the sizing gauge)

#### Q. Can I use the all fabric DreamWear headgear with the mask?

Yes, DreamWear Silicone pillows will function with both the all fabric DreamWear headgear as well as the DreamWear headgear with arms. The mask will come standard with the DreamWear headgear with arms. If you prefer our all fabric headgear, please contact your homecare equipment provider to order that replacement part.

### Q: How do I clean my DreamWear Silicone pillows CPAP mask?

Hand wash the mask cushion, frame, elbow, and tubing quick release daily. Hand wash the headgear and fabric sleeves weekly, or as needed. Submerge and hand wash the mask in warm water with liquid dishwashing detergent. Lay the headgear and fabric sleeves flat or line dry. Make sure the entire mask is dry before use. Do not place the headgear into a clothes dryer.

Please refer the instruction for use manual for more detailed information regarding the use of your device

You can also watch the "how to disassemble & clean the DreamWear silicone pillows mask" video at:

https://www.usa.philips.com/c-e/hs/sleep-apnea-therapy/dare-to-dream/silicone-pillows. Scroll down to the section "Additional Resources".

## Q. What is the Philips DreamWear system of masks?

Launched in 2015, DreamWear is a line of CPAP masks designed to make patients feel like they're not wearing a mask<sup>1,2,3</sup> by directing airflow through the frame so the tube connection could be placed at the top of the head. This breakthrough design allows users to sleep comfortably in any position<sup>1,2,3</sup> with more freedom of movement<sup>1,2,3</sup>. DreamWear's lightweight, flexible tubing reduces torque at the front of the nose to improve stability while providing a clear and natural line of sight. The innovative openface design of the mask features no direct contact with the bridge of the nose or nostrils, as well as under-the-nose cushions to prevent red marks, discomfort and irritation in the nostrils or on the nose bridge. This design also allows you to wear your glasses so that you can continue your bedtime routine to read or watch TV before you fall asleep.

#### Q: My DreamWear mask leaks, how can I fix it?

DreamWear Nasal, Full face & Silicone pillows comes in 3 frames & 4 cushion sizes. If you are experiencing leaks with the mask after wearing it comfortably for a while, it might be wearing out. Check for cracks or other signs of damage. If your mask never sealed properly, contact your local homecare equipment provider to try a smaller frame & / or different cushion size.