

Swift™ FX for Her

NASAL PILLOWS SYSTEM

Fitting Guide



- Holding the pillows at your nose, pull the headgear over your head.
 - Headgear should sit midway between the ears and eyes.



- Adjust the top strap first.
 - Pull the strap through the buckle one notch at a time.
 - Do not overtighten.



- Adjust the backstrap to fine-tune the fitting if necessary.
 - Do not overtighten.
 - The backstrap can be positioned over or under the hair.



- Swift™ FX for Her pillows are designed to provide a natural fit.
 - Minor adjustment can help position the pillows at the most comfortable angle in the nose.



- Connect the Swift FX for Her short tube to the device air tubing.
 - Swift FX for Her is now fitted and ready for use.



- TIP**
- With the device turned on, check that the nasal pillows are properly inflated. To do this, pull the nasal pillows away from the face and cheek, make sure they are inflated and reposition them in the nose.



OPTiOnAISoft Wraps

- Wrap each of the soft wraps around either side of the headgear, folding the top fastener over the lower one.
- The soft wraps should be positioned on the cheeks, with the fasteners on the outside.

Swift™ FX for Her

NASAL PILLOWS SYSTEM

Less mask. More you.

The Swift™ FX for Her combines soft, lightweight design with a fit range specialized for women to meet women's unique needs.

- A choice of pink or light blue and gray backstrap lets you personalize your mask to fit your style
- Minimal design reinforces sense of freedom
- Unprecedented softness, simplicity and stability
- Flexible, fluid form conforms to facial contours and user movements
- Promotes early therapy acceptance
- Intuitive, virtually instant fitting
- Stable performance, even at high pressures

dual-wall nasal pillows

seal on contact for a gentle, comfortable seal, offer a wide fit range and disperse air gently to the nose

Soft, narrow cushion with integrated flexible chamber

makes side sleeping comfortable and helps maintain seal during movement

Ultra-smooth 360° rotating elbow

rotates with easy, fluid movement for flexibility in tube positions

Quiet vents

diffuse and direct airflow quietly away from the user and bed partner

Spring-flex lightweight tubes

stretch and bend uniquely for increased stability without the use of a tube retainer

Simple top buckle has clearly marked notches for easy adjustment. Additional buckle notches allow customized sizing for women's unique fitting needs

Soft silicone headgear embraces the face gently and needs minimal adjustment

low-profile backstrap with Velcro fasteners available in all sizes, in a feminine pink or light blue and gray

Soft wraps enhance comfort at the cheeks. Soft wraps available in gray and pink to color coordinate with backstrap

Size and name indicators make it easy to identify the size as well as the correct orientation of the mask

"lock and key" for easy attachment and detachment of side straps

Flexible pillows with trampoline action accommodate movement in multiple directions while maintaining seal. Pillow sizes for her (XS, S and M) come packaged with mask to fit most female patients

Style And deSign with Her in mind



Soft wraps

Added softness at the cheeks enhances comfort and minimizes pressure.

Hair management made easy

Adjustable backstrap can be worn over or under the hair to accommodate a wide range of hairstyles.

The feminine touch

Breathe-O-Prene® headgear material keeps moisture away from skin for

maximum comfort. Both pink and light blue and gray backstraps are included in the packaging.



Women and OSA Facts

- Anecdotal evidence suggests that 30 to 50% of new OSA patients are women¹
- The risk of sleep apnea in women after menopause is equal to that of men²
- Menopause may play a role in the severity of sleep apnea³
- Snoring during pregnancy may be an indication of developing sleep apnea⁴
- Insomnia and morning headaches are often the main indicators of sleep apnea in women^{5,6}
- Women who snore are almost twice as likely to have high blood pressure⁷
- Sleep apnea is related to a higher risk of depression in women⁸



1 ResMed estimate based on internal data
 2 Pickett et al. J Appl Physiol 1989
 3 Resta et al. Eur J Clin Investig 2003
 4 Charbonneau et al. Am Rev Respir Dis 1998
 5 Shepertycky et al. Am Rev Respir Dis 2005
 6 Ambrogetti et al. Aust New Zeal J Med 1991
 7 Hu et al. Am J Epidemiol 1999
 8 Smith et al. Chest 2002
 * Testing per ISO 3744:1994 Acoustics determination of sound power levels of noise using pressure at 10 cm H₂O. Quoted percentage comparisons are calculated by converting sound power values from a logarithmic scale to a linear scale

Swift FX for Her
 Nasal Pillows System
 (includes 3 pillow sizes: Extra Small, Small and Medium)
Product Code:
Americas

61540

Swift™ FX for Her

NASALPILLOWS SYSTEM

Components Card

Complete system
61540

(includes XS, S and M pillows,* pink and light blue backstraps, and pink and gray soft wraps)

Frame system
 (no headgear)

- XS **61510**
- S **61511**
- M **61512**
- L **61513**

Frame assembly
 (no headgear, no pillows)

61528

Headgear assembly
 (includes headgear, pink and light blue backstraps, and pink and gray soft wraps)

61543

Short tube assembly/
 frame assembly
 (includes short tube, elbow and swivel)

61528 (1)

Pillows
XS 61520
S 61521
M 61522
L* 61523

Soft wraps
Pink 61544 (2)
Gray 61530 (2)

XS Extra Small **S** Small **M** Medium **L** Large

*Large (L) pillows are available separately

